

VISIT ACTIVITIES

Ages 0 - 1

- Play [roly-bowl-y](#).
- Practice sorting using this [muffin tin game](#)
- Do a [sensory activity with newspaper](#)
- Make a homemade ornament using the child's [hands](#) and [feet](#)
- Make a [shiny and reflective treasure basket](#)
- Play with varying textures and materials of different temperatures
- Make [DIY egg music shakers](#)
- Make [winter in a bag](#)
- Play with a [mirror](#)
- Look at these [play activities for birth to 12 months](#)
- Play with [DIY finger puppets](#)
- Sing and dance to nursery rhymes
 - [Caspar Babypants](#)
 - [Cocomelon](#)
 - [Fine motor skill songs](#)
- Put on a puppet show
- Use a bowl to mimic drumming or shake popcorn seeds in a container to make music together
- Practice saying saying "hi" and "bye" while teaching the hand motions
- Make taste safe [chia seed slime](#)
- Read animal books and mimic the sounds they make
- Lay on your belly with the child during tummy time and read them a book
- Play "[disappearing cheerio](#)"
- Fill a bag with shaving cream and little toys for the child to squish
- Sit on a blanket outside and play with different textured things in nature
- Create a crawling obstacle course with pillows, blankets, and toys to find
- Blow bubbles
- Doodle with chalk
- Collect flowers or leaves
- Engage the child with [balloon kicking](#).
- Splash water in a bowl
- Stack a tower with blocks and knock it over
- Play head, shoulders, knees, and toes to teach body parts

- Take a walk with a stroller or wagon
- Find objects with different textures outside
- Play with ice
- Touch the [night sky in a box](#)
- Make a [spider web discovery basket](#)
- [Feed the shark](#)
- Play with [edible mud](#) and practice farm animal noises
- Make a [bubble wrap runway](#) to roll, crawl, and walk on